

**K.T.S.P. MANDAL'S
HUTATMA RAJGURU MAHAVIDYALAYA
RAJGURUNAGAR, TAL- KHED, DIST- PUNE 410501
COMMERCE DEPARTMENT**

A log sheet with the following details of the program

Sr. No.	Particulars	Details
1	Date	17/10/2022
2	Name of Event held	Women's Health Awareness
3	Venue	TYBCOM Class
4	Time	09:15 am
5	Duration of the Event	90 mins
6	Expense	-
7	Source of Financial Assistance	-
8	Names of Resource Persons	Dr. Sneha Bhondve, PHC, Chandoli
9	Name of Co-ordinator	Dr. Payal. P. Oswal
10	Number of Participants	151 Girls
11	Copy of the Event	-
12	Curricular/ Co-curricular/ Extra-curricular	Extra-Curricular
13	Activity belongs to which NAAC criteria	-



संस्थापक-अध्यक्ष
स्व. साहेबराव वि. बूट्टेपाटील
मा. आमदार, खेड

सावित्रीबाई फुले पुणे विद्यापीठ संलग्न आयटी नं.पुवि./पीएन./ओएससी./०३६/१५/७७
कनिष्ठ महाविद्यालय कोड नं.जे. ११.०८.००१ एम.सी.वि.सी.कोड नं.-पी-५७



॥ प्रज्वालितो ज्ञानमयः प्रदीपः ॥

खेड तालुका शिक्षण प्रसारक मंडळाचे



Website : www.hmrarajgurunagar.com
Email : hmrarajguru@yahoo.com

हुतात्मा राजगुरु महाविद्यालय

कार्यालय : (०२१३५)२२२०९९

(कला, विज्ञान व वाणिज्य)
राजगुरुनगर, ता.खेड, जि.पुणे ४१०५०५
नॅक पुनरुत्थानांकीत "ब + +"

प्राचार्य- डॉ. शिरीष एस. पिंगळे
एम.एस्सी.पी.एच.डी.

DATE - 15/10/2022

To,
Dr. Sneha Bhondve,
PHC, Chandoli

Subject - Invitation as a Guest Lecturer.

Respected Ma'am,

With reference to the above mentioned subject, we are going to organise a Guest Lecture on "Women's Health Awareness" on Monday 17th October 2022.

It is our great pleasure to invite you as a Guest Lecturer for this occasion. I kindly request you to give us your valuable time and guidance to our students. Please make it convenient and accept the same and cooperate with us.

Thanking you.

Yours Faithfully,

Dr. Shirish .S. Pingale
Principal

REPORT

A Guest Lecture on “**Women's Health Awareness**” was duly conducted on 17/10/22 at 09:15 am at Hutatma Rajguru Mahavidyalaya for **TYBCOM students(female students)**

The event was organised by Dr. G. M. Dhumal (H.O.D), Dr. P. P. Oswal, followed by insights given by Prin. Dr. S. S. Pingale and vote of thanks given by Prof. R. N. Katore.

Dr. Sneha Bhondve, (PHC, Chandoli) was the key speaker of the awareness programme organised. She focused on the need to create a general cognizance among the female students ranging in the age group of 18 and above years old.

Dr. Sneha highlighted the importance of following a balanced lifestyle, a balanced diet and doing exercise amidst our daily routine. Consumption of packed foods, aerated drinks and having a lethargic attitude towards life are signs of an unhealthy and unfit body. “As future leading females, we must take care of our bodies and minds whilst competing with the world!” said Dr. Sneha. The alarming rates of increasing % of PCOD, PCOS, unhygienic menstrual cycles, Infertility is a matter of concern among today’s generation and changes to adopt a healthy lifestyle must be adopted at the fastest.

A total of 151 female students attended the lecture and actively asked questions. Prof. G. M. Dhumal (H.O.D), Dr. P. P. Oswal, Prof. R. N. Katore, Prof. K. M. Surve, and other Professors of the Commerce Department were present during the guest lecture too.

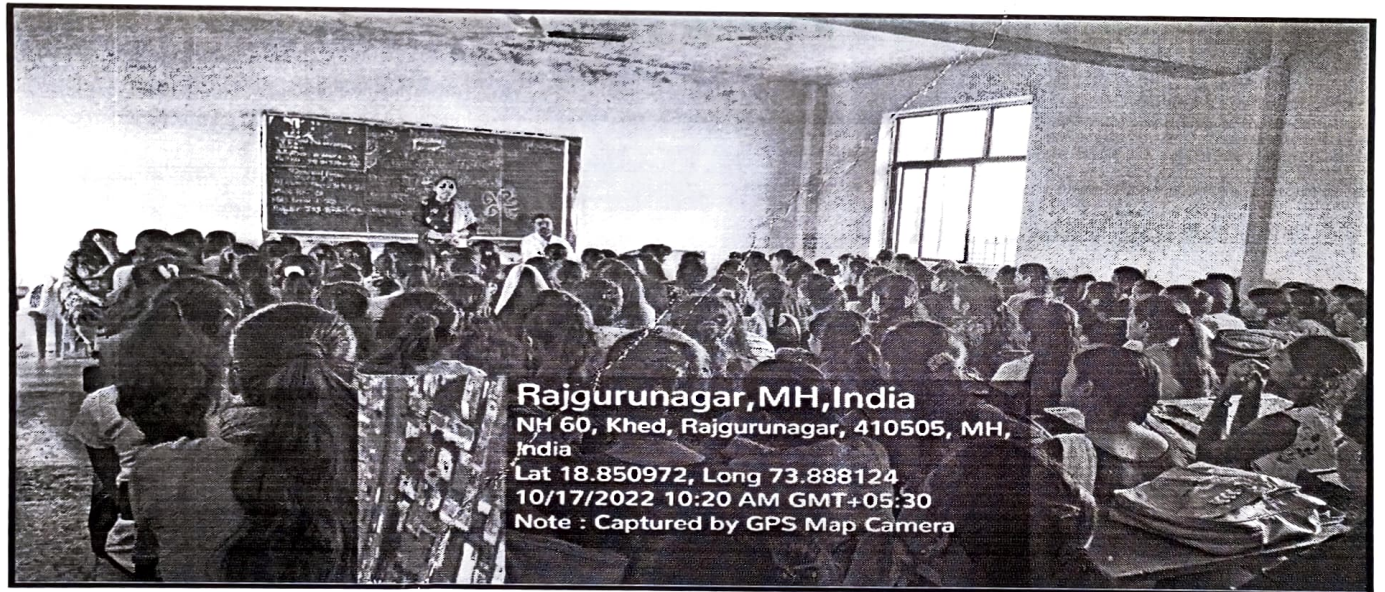
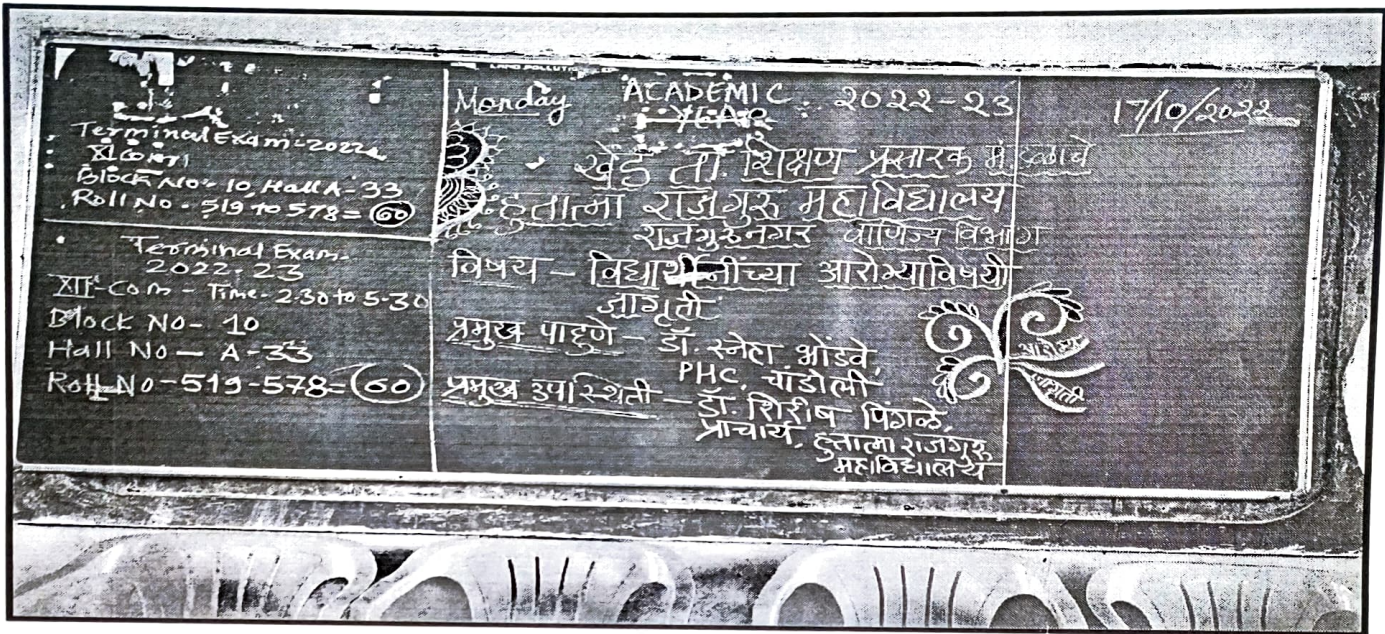
Prof. G. M. Dhumal

H.O.D

Commerce Department

Dept. of Commerce

Hutatma Rajguru Mahavidyalaya
Raigurunagar, Tal. Kh. Rd, Dist. Pune. 410505.







नाव	जेल नं	सही
1) ललिते उत्कर्षा मरुठा	528	<u>Utkarsha</u>
2) चौधरी निखा अशोक	529	<u>Nikhil</u>
3) मोकसे प्रजा मच्छिंद्र	423	<u>Mokse</u>
4) Neha Rajendrar shaybore	404	<u>Neha</u>
5) Nupur Dattatray Khaladkar	403	<u>Nupur</u>
6) Anushika Pravin Jagtap	469	<u>Anu</u>
7) Sunita Dadabhai Gaikwad	361	<u>Sun</u>
8) Shrutijay Bhat	550	<u>S.A. Bhat</u>
9) Sonali Kailas Gopale	475	<u>Sonali</u>
10) Pranali Sambhaji Sandbhor	432	<u>Pranali</u>
11) Vaibhavi Tulshidas Rakshe	431	<u>Vaibhavi</u>
12) Dimpal Varant patel	483	<u>Dimpal</u>
13) Darekar Bhonay Juvraj	386	<u>Darekar</u>
14) Shubhangi Vikas Karane	391	<u>Shubhangi</u>
15) Tanhavi Santosh Pandharikar	392	<u>Tanhavi</u>
16) Nikita Dattatray Walake	410	<u>Nikita</u>
17) Rutuja Gopichand Bhogade	411	<u>Rutuja</u>
18) Khushi Bandu Girigobai	412	<u>Khushi</u>
19) Pashankar Akshada Tukarom	372	<u>Pashankar</u>
20) Kute Pooja Bhanudas	463	<u>Kute</u>
21) Mungave Nikita Sambhaji	491	<u>Mungave</u>
22) Prashade Vaishnavi Ravindra	490	<u>Prashade</u>
23) Pragati Kailas Pacharne	492	<u>Pragati</u>
24) Kulkarni Sakshi Santosh	378	<u>Sakshi</u>
25) Karale Monika Arjun	376	<u>Karale</u>
26) Mandale Pooja Sunil	374	<u>Mandale</u>
27) Khandagale Akanksha Ashok	377	<u>Khandagale</u>

Name	Roll No	Sign
Kale pooja Balasaheb	488	Pkale
Thombare Nikita Dilip	502	Thombare
Thombare Harshada Kaluram	508	Thombare
Bandawne pranali Ramesh	507	Bandawne
Shivani Kaluram Kalekar	264	sk
Sakshi Santosh Kalokhe	506	sk
Bombale snehal shantaram	501	Bsh
Tejashree madhukar chauthari	416	Trish
Shree madhura kulkarni	265	Shree
shailch sabiya shalil	259	Shilch
Amruta magan dhayber	258	A-m-dhayber
Gaikwad vaishnavi dhondibhau	260	V.D. Gaikwad
Ohandie Sandhya vitthal	379	Shardie
Bangar Swati Santosh	385	S.B. Bangar
Thorat Nanasi Kailas	456	Thorat
Athenand Tanvi Sanjay	455	Athenand
lonari Rutuja Prakash	436	Rlonari
Bavale sanuja Dattatray	437	Bavale
Sabale Prajкта ranaji	435	S.B. Sabale
Bongar Vijaya Dattatray	468	Bongar
Bongar Taruja Shiraji	464	Bongar

62	Patole Puja Balachand	518	Patole
63	Barne Chaitani Vitthal	205	Barne
64	Bhagat Vaibhavi Bapu	44	V.B. Bhagat
65	Bomble Rutuja Vasant	157	Bomble
66	Shinde Harshada uttam	214	Shinde
67	Bomble Sakshi Shantaram	422	Bomble
68	Potne Bhakti Kishor	421	Potne
69	Bansode Sonali Saudagar	170	Bansode
70	Gandhi Sonali Santosh	159	Gandhi S.
71	Sutar Harshada Gayatri	519	Sutar
72	Potne Gayatri Paraji	516	Potne
73	Kashid Shiketa Dnyaneshwar	180	Kashid
74	Barhade Sakshi tanaji	177	Barhade
75	Bhadange Siya suhar	171	Siya
76	Sharda Shivaji kadam	45	Sharda
55	Pragati vijay Aadhari	55	Pragati
46	Shinde Swaranjali Sampat	46	Shinde
80	vehale Gauri Ravindra	419	G.A. vehale
81	chavan Rutuja Ramchandra	420	Chavan
82	panmand priya Navnath	418	P.A. panmand
83	Power Rutuja Ravindra	427	P.R. Power
84	Khandagale Diksha Uttam	428	Diksha
85	Patole Nikita Eknath	424	N.E. Patole
86	Kohinkar Sakshi vilas	101	S.V. Kohinkar
87	Kisli Rameesh Bhagwat	100	Kisli
88	Gopale Rutuja Balkrushna	539	Gopale
89	Bhuibal Sayali Sitaram	20	Bhuibal
90	Bhuibal Arti vijay	26	A.V.B.
91	Belhekar Divya Arun	21	D.A.B.

Teacher's Signature:

Siddheshwari Ravindra Maghade	444	Maghade
Sayali Rajendra Yelwande	111	S. R. Yelwande
Shreya Rajaram Thigale	112	S. R. Thigale
Siddhi Vinayak Patil	34	Patil
Naikare Poojanka Anjaneshwar	36	Naikare
Pokale Pratiksha Vitthal	35	Pokale
Gadage Sayali Kaluzam	71	Gadage
Pingale Chandrashi Mohan	58	Pingale
Phulke Sakshi Balasaheb	477	Phulke
Naikade Janavi Vitthal	461	Naikade
Kohinkar Asmita machhindra	462	Kohinkar
Pathare Rutuja Baban	373	Pathare

Monday

17-10-2021

No.	Student's Name	Roll No.	Signature
1.	Bhawar Priya Dilip	110	Bhawar P.D.
2.	Raksha Akshada Bajirao	109	Raksha
3.	Kachade Pallavi Kaluram	287	Kachade
4.	Apurva Dattatraya Deware	253	Apurva
5.	Pardhi Parida Chimaaji	266	Pardhi
6.	Bhagade Vaishnavi Balaji	281	Bhagade
7.	Borkar Shweta Ankush	3	Borkar
8.	Hajare Poonam Anil	13	P.A. Hajare
9.	Ghanwat Poonam Ashok	9	P.A. Ghanwat
10.	Borhade Rutuja Ganesh	117	Rutuja
11.	Wandekar Akanksha Kison	118	Wandekar
12.	Sawant Disha Nitin	90	Sawant
13.	Kohinkar Nikita Ankush	470	Kohinkar
14.	Waduni Rutuja Ravindra	64	Waduni
15.	Dherange Jaga Uttam	133	Dherange
16.	Wadekar Sakshi Gorakshnath	65	Wadekar
17.	Jaid Samantkshi Sanjay	132	Jaid
18.	Doundkar Rutuja Khander	125	Doundkar
19.	Doundkar Harshada Manaji	270	Doundkar
20.	Ghanwat Nikita Vijay	267	N.V. Ghanwat
21.	Lande Aarti Balasaheb	268	A.G. Lande
22.	Thakar Shobha Shobha	275	Thakar
23.	Mandale Sakshi Gorakh	341	Sakshi
24.	Awate Sakshi Dhananjay	272	S.D. Awate
25.	Khot Monika Madhukar	532	Khot
26.	Karale Priti Prakash	566	Karale
27.	SHINDE AKSHADA NAYNATH	531	A.N. Shinde
28.	Arude Divya Rangnath	87	Arude
29.	Bhunde Nikita Nandu	85	Bhunde
30.	Gopale Mrudula Ganesh	86	Gopale

Teacher's Signature:.....

31	Malghe Nikita Vaman	487	Nalghe
32	Takalkar Nikita Santosh	485	N.S. Takalkar
33	Rakshe Sanika Babasaheb	43	Rakshe
34	Pacharne Pallavi Sunil	41	Pacharne
35	Sandbhor Shraddha Ramesh	42	Sandbhor
36	Kale Samruddhi Santosh	99	Kale
37	Mane Neha Sanjay	95	Mane
38	Mane Rutuja Bhimaji	98	Mane
39	Gogade Pooja Sharad	38	Gogade
40	Punekar Tejal Gulab	37	Tejal
41	Patole Rutuja Satyawar	417	Patole
42	Shalke Pratiksha Dattatray	72	Shalke
43	Sandbhor Tejal Navnath	113	Sandbhor
44	Kohinkar Neha Santosh	459	N.S. Kohinkar
45	Bhalshinge Sakshi Atul	457	Bhalshinge
46	Lohar Pragati Ramesh	203	Lohar
47	Kale Vrushali Kantaram	32	Kale
48	Navale Akshada Sopan	141	Navale
49	Wadekar Sakshi Dinkar	142	S.D. Wadekar
50	Kale Shweta Santosh	27	Kale
51	Mane Rutuja Navnath	245	Mane
52	Shrunal Vitthal Shinde	496	Shrunal
53	Walunj Bhavna Baban	121	Walunj
54	Padwal Pooja Gorakli	122	Padwal
55	Daundkar Nikita Babaji	30	Daundkar
56	Shinde Pallavi Sharad	152	Shinde
57	Khandugale Maheshwari Santosh	154	Khandugale
58	Dube Jyoti Ramesh	425	J.R. Dube
59	Dube Sanchita Pradeep	429	Dube
60	Rakshe Akanksha Sampat	134	Rakshe
61	Pardhi Harshada Sharad	135	Pardhi

Teacher's Signature:



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खेड तालुका शिक्षण प्रसारक मंडळाचे

हुतात्मा राजगुरु महाविद्यालय

कार्यालय : (०२१३५)२२२०९९

(कला, विज्ञान व वाणिज्य)
राजगुरुनगर, ता.खेड, जि.पुणे ४१०५०५
नॅक पुनर्रमानांकीत "ब + +"

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Email : hrmrajguru@yahoo.com



प्राचार्य- डॉ. शिरीष एस. पिंगळे
एम.एस्सी,पी.एच.डी.

DATE - 17/10/2022

To,
Dr. Sneha Bhondve,
PHC, Chandoli.

Subject - A Letter of Thanks

Respected Ma'am,

We are extremely happy and satisfied due to your valuable guidance and thoughts on the occasion of the Guest Lecture on "Women Health Awareness".

Your guidance was really useful to flower the talent of our students. Once again I really appreciate your presence and thank you for your valuable time in our institution.

Thanking you.

Yours Faithfully,

Dr. Shirish .S. Pingale
Principal