## K.T.S.P.Mandal's

# Hutatma Rajguru Mahavidyalaya Rajgurunagar, Tal-Khed, Dist-Pune

#### 2021-22

## Report

The title of the event	International Yoga Day
Organizing Department	Department of Physical Education and Sports
The name of the organizer / coordinator	Prof. Pratima Lonari
Dated	21 <sup>st</sup> June 2021
Venue	Yoga Centre
Number of participants	40
Target group	college staff
Introduction	Under the guidance of UGC, SPPU University and College Principal Dr. V.D.Kulkarni, International Yoga Day was organized on 21st June 2021 at 7:30 am in the Yoga Centre of the college. The program was held in the presence of professors and non-teaching staff of the college.
The objectives of the program	Celebrating International Yoga Day.
Summary	Under the guidance of UGC, SPPU University and College Principal Dr. V.D.Kulkarni, International Yoga Day was organized on 21st June 2021 at 7:30 am in the Yoga Centre of the college. The program was held in the presence of 40 people including professors and non-teaching staff of the college. Prof. Tanaji Pingale gave a yoga demonstration & Prof. Yogesh Mohite gave information related Yoga.

Director of Phy. Edn. H. R. Makavidyalaya Rajgurunagar, Pune.



Officiating Principal Hutatma Rajguru Mahavkiyalaya (Arts, Science & Commerce) Rajgurunagar, Tal. IChed, Dist. Pune.

# International Yoga Day 2021

On the occasion of International Yoga Day at Hutatma Rajguru Mahavidyalaya Yoga Day was organized on 21st June 2021 under the guidance of UGC, SPPU University and Principal of the College Dr. V.D.Kulkarni. On this occasion, the Principal of the college, Vice Principal, Dr. S.D. Shinde, Registrar Mr.Kailas Pacharne, Professors and non-Teaching staff were present.

Dr. V.D.Kulkarni said, "Yoga is the union of body, mind and soul. The work of keeping them together and balanced is done with the help of yoga. Due to yoga, knowledge and health remain good and everyone needs yoga. If everyone maintains their mental and physical health through yoga, then yoga is effective in many ailments now days." Prof. Yogesh Mohite guided everyone to learn and practice yoga & Prof. Tanaji Pingale gave a yoga demonstration

40 people present for Yoga demonstrations in the Yoga Centre of the college.

The event was organized & hosted by Prof. Pratima Lonari while Prof.

Sarika Gore offered vote of thanks.

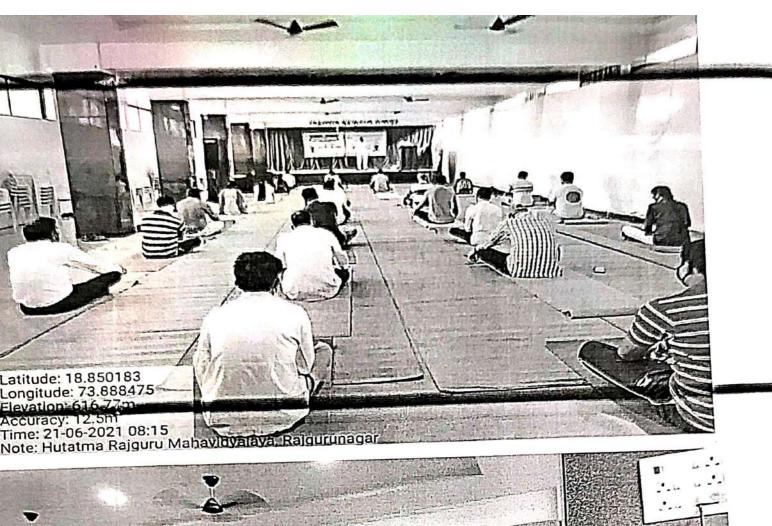
(Prof.Pratima Lonari)

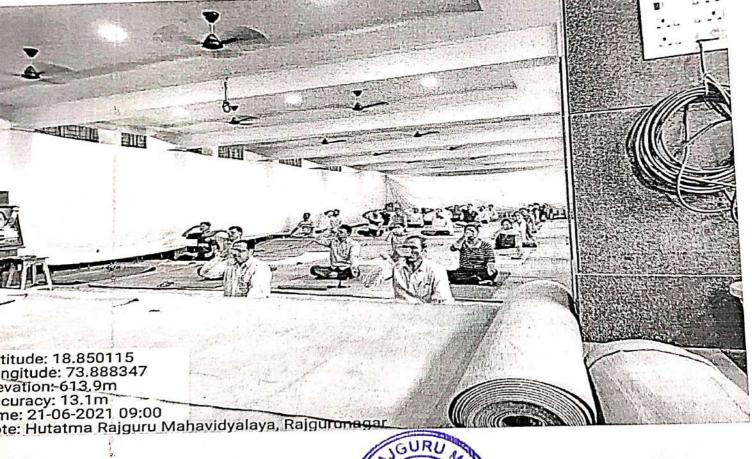
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(Dr. V.D.Kulkarni)

Officiation Principal
Hutatma Rajguru Mahavidyalaya
(Arts, Science & Commerce)
Rajgurunagar, Tal. Khed, Dist. Pune.





RAJGURU NAGAR

